

Spending Leaks Worksheet

Item (Examples)	Cost of Item	Cost Per Month	Cost Per Year
Example: Soft Drinks from Vending Machine (2 each work day for 20 days)	\$ 0.75	\$ 30.00	\$ 360.00
New clothes			
Long-distance phone calls			
Snacks/convenience store purchases			
Eating out			
Coffee with friends			
Magazines/books			
Movies			
Video/DVD rentals			
CDs/Tapes			
Gifts			
Cellphone			
Other:			
Total Income	\$	\$	\$